



**AFTER SCHOOL CLUBS**

**FALL 2006**



## Monday clubs 3:35

### **ISRAELI DANCE**

Instructor: Judy Davidovics

Fee: \$100.00

Grades K – 3 Girls only

Max: 20

Discover the rhythmic use of your dancing feet! Join Judy's energetic style of teaching Israeli and *simcha* dance to all beginner and advanced dancers. It is a challenging and exciting opportunity to dance to traditional Israeli Folk music and the latest *simcha* dances choreographed to the most current and popular Jewish tunes. This club will encourage expression through movement with a diversified blend of Jewish music. Learn basic Israeli dance steps, rhythms and music. Sneakers are appropriate footwear. Come join in and dance for the fun of it! No previous dance experience required.

### **AVIATION CLUB**

Instructor: Yaniv Gilor

Fee: \$115 materials included

Grades K – 3

Max: 15

Flight! The word alone triggers the imagination. Objects that fly fascinate people. This club will demonstrate how four forces work together to make things fly. The objective is to provide an understanding of the physics of flight and how each part affects the flight of the plane. Building and flying model planes requires concentration and skills. In this club we will build planes from scratch – no starter kits or pre-assembled parts. Each child will learn to read plans, work with rulers, make necessary calculations, and distinguish between different glues and wood used. Through the course, each student will produce 2 “beginner” glider planes and the program will conclude outdoors when we set our gliders in motion and fly our planes.

## Monday clubs 4:45

### **ISRAELI DANCE**

Instructor: Judy Davidovics

Fee: \$100.00

Grades 4 – 8 Girls Only

Max: 20

Discover the rhythmic use of your dancing feet! Join Judy's energetic style of teaching Israeli and *simcha* dance to all beginner and advanced dancers. It is a challenging and exciting opportunity to dance to traditional Israeli Folk music and the latest *simcha* dances choreographed to the most current and popular Jewish tunes. This club will encourage expression through movement with a diversified blend of Jewish music. Learn basic Israeli dance steps, rhythms and music. Sneakers are appropriate footwear. Come join in and dance for the fun of it! No previous dance experience required.

### **AVIATION CLUB**

Instructor: Yaniv Gilor

Fee: \$115 materials included

Grades 4-8

Max: 15

Flight! The word alone triggers the imagination. Objects that fly fascinate people. This brand new club will demonstrate how four forces work together to make things fly. The objective is to provide an understanding of the physics of flight and how each part affects the flight of the plane. Building and flying model planes requires concentration and skills. In this club we will build planes from scratch – no starter kits or pre-assembled parts. Each child will learn to read plans, work with rulers, make necessary calculations, and distinguish between different glues and wood used. Through the course, each student will produce 2 “beginner” glider planes and the program will conclude outdoors when we set our gliders in motion and fly our planes.

Monday 4:45 continued

## **SPORTS**

Instructor: Mr. Fred Weissman  
Fee: \$100.00 Equipment costs included

Grades: 4 – 8 Boys only  
Max: 18

Come join us for a full hour of fun under the direction of our very own gym teacher. It's non-stop sports; baseball, football, basketball, mat ball, hockey, dodgeball, etc. etc. etc. There will be a guaranteed great time for all. The only requirements are a burst of energy, enthusiasm and fair play.

## **Tuesday clubs 3:35**

### **ART**

Instructor: Sariva Sklar  
Fee: \$100.00 materials included

Grades K – 3  
Max: 12

Calling all aspiring artists!! This club will combine fun and skill together. We will learn methods to produce 3 dimensional images in 2 dimensions. The class will create drawings using new knowledge of plane changes, overlapping and line quality. Guaranteed fun and not to mention a content and cheerful atmosphere.

### **FULL BODY CONDITIONING PROGRAM**

Instructor: Mel  
Fee: \$100.00

Grades K-3  
Max: 25 Min: 15

This club is an opportunity to get into shape in a fun and structured environment. Included will be different kinds of aerobic workouts and a variety of sporting activities. Our instructor is a licensed fitness guru who is looking forward to having fun and working up a sweat!

## **Tuesday 4:45**

### **ART**

Instructor: Sariva Sklar  
Fee: \$100.00 materials included

Grades 4 - 8  
Max: 12

Calling all aspiring artists!! This club will combine fun and skill together. We will learn methods to produce 3 dimensional images in 2 dimensions. The class will create drawings using new knowledge of plane changes, overlapping and line quality. Guaranteed fun and not to mention a content and cheerful atmosphere.

### **SAFRUS**

Instructor: Rabbi A. Teicher  
Fee: \$90.00 (equipment costs included)

Grades 4 – 8 Boys Only  
Max: 12

Learn how to write like a scribe. You will learn all the laws that pertain to *tefillin* and *mezzuzot*. Additionally you will be able to look inside *tefillin* and *mezzuzot* and see what makes them *kosher* or *pasul*. This unique club will be more than just learning about Tefillin and Mezzuzot, but it will also be a hands-on experience in writing your own scroll. This is truly a once in a lifetime opportunity.

## Wednesday clubs 3:35

### **BAKING 101**

Instructor: Shani Norman  
Fee: \$100.00

Grades 1 – 3  
Max: 12

What's baking? Children will measure, mix, dip and pour to create cookies, fondues and more. Each session will allow children to experience hands-on the process of creating through baking projects corresponding to the Jewish calendar, yom tov or parsha. Children will gain a rewarding learning experience and a sense of personal achievement with each fun filled baking project. All participants will receive a personalized cook book at the last session.

**\*\*\*IMPORTANT\*\*\* If your child has any allergies, please indicate the allergy on the registration form so that the instructor can plan accordingly.**

### **CHESS**

Instructor: Izmail Kogan  
Fee: \$90.00

Grades 1 - 3  
Max: 20

YNJ is once again offering Chess instructions for those children who want to sharpen their minds. Students will have the opportunity to learn all about chess from basics (moves of the pieces, rules of chess play, starting a game, check and check mate) to elements of chess strategy and tactics. This club will allow children to enjoy one of the oldest most challenging and exciting games there is. For those players who already have some basic knowledge of chess these classes will offer more advanced instruction in keeping with levels they have already reached. Instruction will be under the supervision of a chess expert and children will be sure to have lots of fun!

### **KARATE**

Chon Ji Academy  
Fee: \$100.00

Grades 1 – 3  
Max: 18 Min 10

Children will be taught the Japanese forms of Martial Arts called Shotokan Karate. This club will focus on different types of movements such as blocking, punching and kicking as a form of self-protection. Incorporated into the class will be stretching, improving flexibility, conditioning and strengthening. Children will be shown focusing and concentration skills by learning how to focus mentally on the task at hand. In addition, discipline will be incorporated into the structured and enjoyable club.

## Wednesday clubs 4:45

### **CHESS**

Instructor: Izmail Kogan  
Fee: \$90.00

Grades 4 - 8  
Max: 20

YNJ is once again offering Chess instructions for those children who want to sharpen their minds. Students will have the opportunity to learn all about chess from basics (moves of the pieces, rules of chess play, starting a game, check and check mate) to elements of chess strategy and tactics. This club will allow children to enjoy one of the oldest most challenging and exciting games there is. For those players who already have some basic knowledge of chess these classes will offer more advanced instruction in keeping with levels they have already reached. Instruction will be under the supervision of a chess expert and children will be sure to have lots of fun!

### **FLOOR HOCKEY**

Sponsored by the New Jersey Street Devils  
Instructor: Mitch Goldman  
Fee: \$100.00 (equipment costs included)

Grades 4 – 6 Boys Only

One of our most popular clubs in RYNJ's After School Program is the Floor Hockey Club. Students who sign up to play floor hockey (a variation of ice hockey), will practice their shooting, passing and defensive techniques, and, of course, have fun! The rules are similar to the National Hockey League except that no checking or contact is allowed and no stakes are necessary! RYNJ is a participant in the New Jersey Devils program, sponsored by the NHL's New Jersey Devils. RYNJ is provided with floor hockey equipment, including goals, helmets and hockey sticks. RYNJ hockey club members have also received official NJ Devil Souvenir, and discount tickets to Devil home games at Continental Airline Arena and have even had school visits from the NJ Devils' mascot. Start your career toward the NHL by joining RYNJ's floor hockey club.

### **KARATE**

Chon Ji Academy  
Fee: \$100.00

Grades 4-8 Boys Only  
Max: 15 Min 10

Children will be taught the Japanese forms of Martial Arts called Shotokan Karate. This club will focus on different types of movements such as blocking, punching and kicking as a form of self-protection. Incorporated into the class will be stretching, improving flexibility, conditioning and strengthening. Children will be shown focusing and concentration skills by learning how to focus mentally on the task at hand. In addition, discipline will be incorporated into the structured and enjoyable club.

### **LEARN TO KNIT**

Instructor: Jo-Ann Vidaver  
Fee: \$100.00 materials included

Grades 5-8 Girls Only  
Max: 10 Min: 6

When taking a break from your studies, do something fun, constructive and creative. Learn to knit! During this eight-week class, you will learn: how to cast on, the knit and purl stitches, and how to bind off. Knit one-of-a-kind creations for your family, friends and yourself! As a club project, you will each knit a square that will be sewn together as a blanket and sent to Israel for a deserving soldier. Become a knitting "fan"atic...join the club today!

# FALL '06

**REGISTRATION FORMS DUE BY OCTOBER 25, 2006.  
CLUBS BEGIN NOVEMBER 6, 2006. PLEASE CHECK INDIVIDUAL  
CLUB SCHEDULES ON THE CLUB SCHEDULE AT A GLANCE.**

## **How to Register:**

### ***Make your selections***

Go through the club booklet and make your selections from all the wonderful and exciting choices available this fall at the YNJ After School Club program. We are sure they will meet the diverse needs and interests of your children.

### ***Fill Out Your Form***

Fill out the registration form in the back of this booklet. Make sure you include a second choice. If your preferred club is full or cancelled you will be notified. There will be no confirmation of registration. You will be contacted only if there is a problem with your registration.

### ***Payment***

Payment should be calculated by tallying your first choice club(s) fees only. Checks are payable to YNJ Clubs. PLEASE write separate checks for each child participating in After School Clubs, place in an envelope marked CLUBS and return to the school office.\* Registration cannot be accepted without payment. Once a club has begun, there will be no refunds issued.

### ***Get It In On Time***

Send in your completed form and payment along with your child immediately since the most popular clubs fill up fast! **After School Clubs begin Monday, November 6th.** Please make sure the office has received your **selections and payment no later than October 25th.** Your registration form will be processed the same day.

### ***Transportation***

All Teaneck parents must arrange for carpools for children attending the After School Club Program. There is no busing available for Teaneck students. Englewood and Fair Lawn students may go on the 4:45 PM bus, getting off at an existing stop on the 4:45 bus route. Please specify the bus stop on your registration form.

**RYNJ AFTER SCHOOL CLUB PROGRAM  
REGISTRATION FORM**

Please return this form with payment before October 25, 2006

Student Name: \_\_\_\_\_

Grade and Class: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Bus Stop: \_\_\_\_\_

Day Telephone: \_\_\_\_\_

**I WOULD LIKE TO REGISTER FOR THE FOLLOWING CLUBS:**

M 3:35	M 4:45
T 3:35	T 4:45
W 3:35	W 4:45

Club: \_\_\_\_\_

M 3:35	M 4:45
T 3:35	T 4:45
W 3:35	W 4:45

Club: \_\_\_\_\_

**2<sup>nd</sup> Choice Club** (if first preference is filled) \_\_\_\_\_

Amount Enclosed \_\_\_\_\_ *\*Please send SEPARATE checks and registration forms for each child. Please do not combine this check(s) for this with any other monies to the Yeshiva.*

**Reminder:** *Bus transportation to Teaneck is not available for After School Clubs. Please list names of the children in your carpool.*

Parent's Signature \_\_\_\_\_

**\*\*\*CHILD'S FOOD ALLERGY (Cooking Club)** \_\_\_\_\_

I can recommend a fabulous Instructor! (Name, club description, phone number):  
\_\_\_\_\_

*The YNJ After School Club Program is designed to encourage talent and creative skills while building self-image, imagination and an opportunity to develop good work and play habits. Please remember that, although clubs are meant to be stimulating and should be balanced with good fun, there must always remain consideration and respect for instructors and peers. We are fortunate to have a beautiful school. Please remind children to respect Club classrooms and equipment. For any questions concerning clubs, please call the school office and leave a message for*